



*South Devon and Torbay  
Clinical Commissioning Group*



Northern, Eastern and Western Devon  
Clinical Commissioning Group

**CAMHS Transformation**  
*in*  
*Devon, Torbay and Plymouth*

## ***What are the messages from children and young people?***

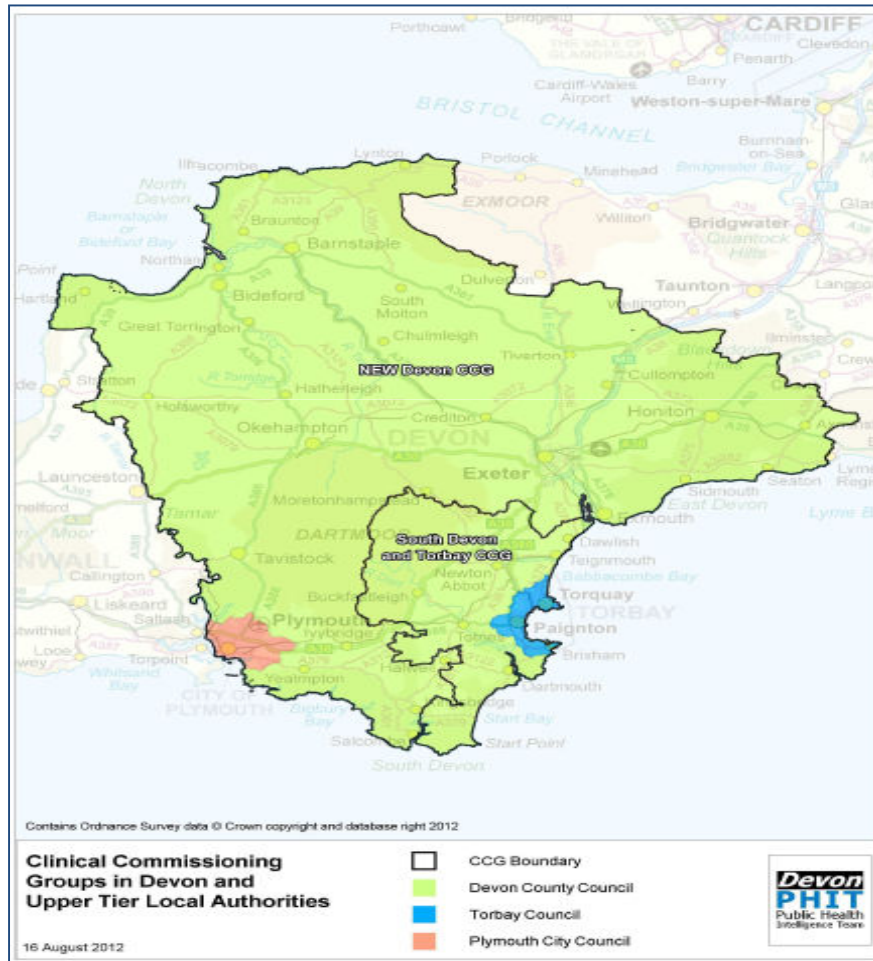
Children and young people told us that mental health is at the top of their concerns about health

*Local Healthwatch 2015*



*Locally there has been a vast amount of engagement to hear the voice of children and young people and those who work with them in schools, youth centres and health and social care.*

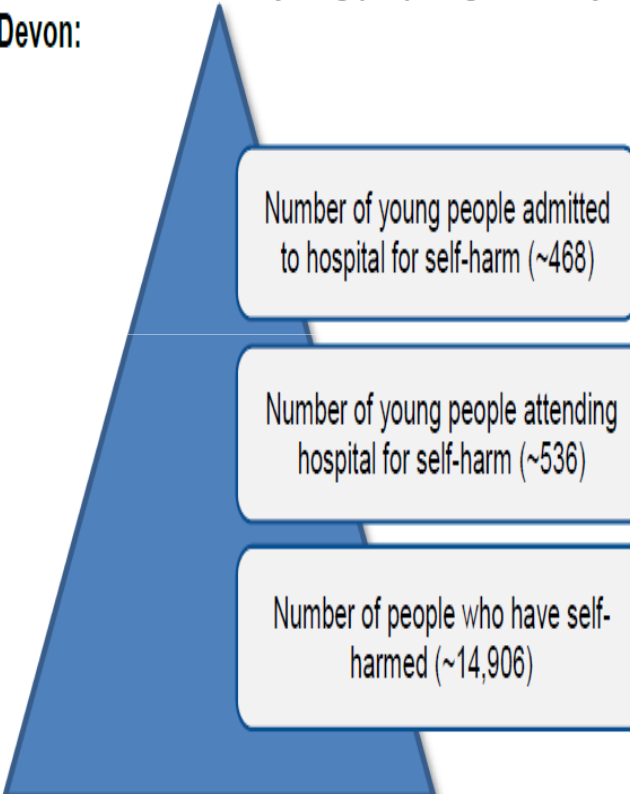
## *What are the needs and considerations locally?*



- 0-19 population of more than 200,000
- Mixed rural and urban area
- Span 2 CCGs and 3 local authority boundaries
- Range of understanding e.g. EHWB strategy, needs assessments

## *What are the realities for children and young people?*

Estimated numbers of young people aged 10-19 years who self-harm in Devon:



Number of young people admitted to hospital for self-harm (~468)

Number of young people attending hospital for self-harm (~536)

Number of people who have self-harmed (~14,906)

Source: Public Health, Devon County Council 2015

- 3709 referrals to CAMHS in last year
- Self harm needs assessment shows we are an outlier
- Approximately 115 young people with Eating Disorders
- New services impact - Assertive Outreach reduced admissions from 27 in August 14 to 17 in August 15

## *What are our successes to build on?*

- CAMHS is already an important local agenda
- Strong advances already to build on
- Shared ambition for real transformation
- Nationally recognised models and good practice
- Commitment from local partners for a whole system approach

### **Important advances**

- Place of Safety
- Crisis Response service
- Access to CAMHS
- Co-support with schools
- Eating disorder service

## ***What else do we need to achieve?***

- Make sure future models are evidence based and designed around children and families
- Work as a whole system in interests of children and young people
- See the wider workforce as a focal point for transformation
- Be clear on outcomes and use interventions that are effective and evidence based
- Ensure we use routine outcomes monitoring at an individual level
- Achieve an effective 'two way' reach to improve transitions to adult services

## *How did we reach our priorities?*

- Emotional Health and Wellbeing Strategy (draft)
- Self assessment
- Future in mind priorities
- Needs assessments
- Views of young people
- Sharing best practice
- Whole system conversation

## *What do we consider our main priorities?*

Early  
intervention

- Working with partners and peers
- Early intervention with support at Tier 1 and 2
- Working with adult providers for all age pathways

Crisis  
response

- Implement requirement of MH Crisis Concordaat
- Timely front door response in acute crisis 24/7
- Assertive outreach over extended hours

Children in  
care

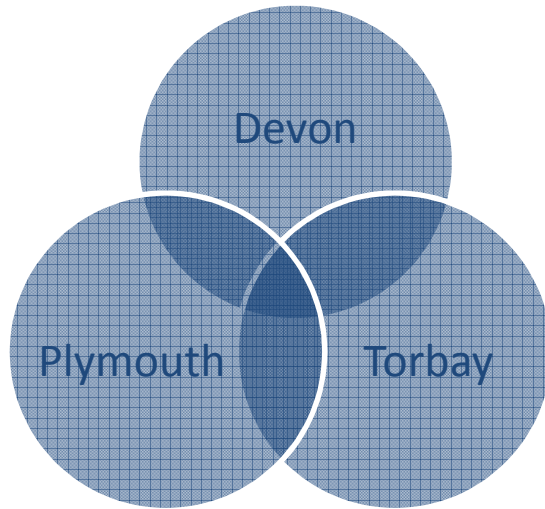
- Remodelling CiC pathway
- Enhanced, evidence based therapeutic interventions
- Multiagency support for children on the edge of care

Specific  
services

- Embed self harm evidence pathway
- Extending Eating disorders model across Devon and Plymouth in line with evidence base



## *What are our governance plans?*



**CCG's**  
**Integrated CYP providers**  
**Public Health**  
**Local Authorities**  
**Specialist Commissioning**  
**Clinical leads**

- Establish a Single System wide Governance Group to oversee the development and implementation of the CAMHS Transformation plan
- Responsible for wider networking and engagement with stakeholders involved with CAMHS
- Sub group of Children Alliance in Devon; and CAMHS redesign board in Torbay; and CYP System Design Group in Plymouth
- Continue to learn from and build on engagement of children and young people at the centre of transformation

## ***What should children and young people be able to expect?***

- Access in a timely way
- Choice over how receive support
- Control over services received
- Integrated support
- Services in line with best practice
- Involved in planning
- Opportunity to influence
- Delivery of *Future in mind*

## *Extract from Finance Templates*

	<b>NEW Devon CCG</b>	<b>South Devon and Torbay CCG</b>
<b>Total weighted populations with SMR&lt;75 adjustment and uplifted by ONS population growth to 2015</b>	919,443	301,074
<b>Shares of weighted populations</b>	1.61%	0.53%
<b>Initial allocation of funding for eating disorders and planning in 2015/16</b>	£481,669	£157,724
<b>Additional funding available for 2015/16 when Transformation Plan is assured</b>	£1,205,666	£394,798
<b>Minimum recurrent uplift for 2016/17 and beyond if plans are assured</b>	£1,687,335	£552,522